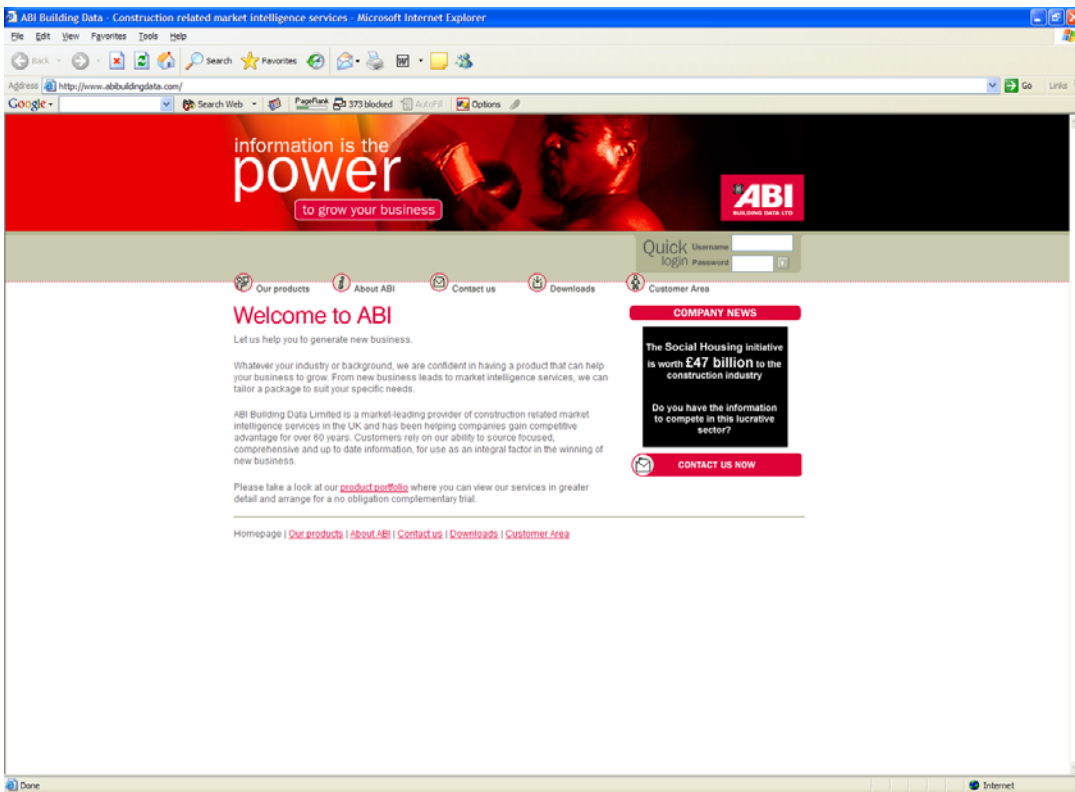
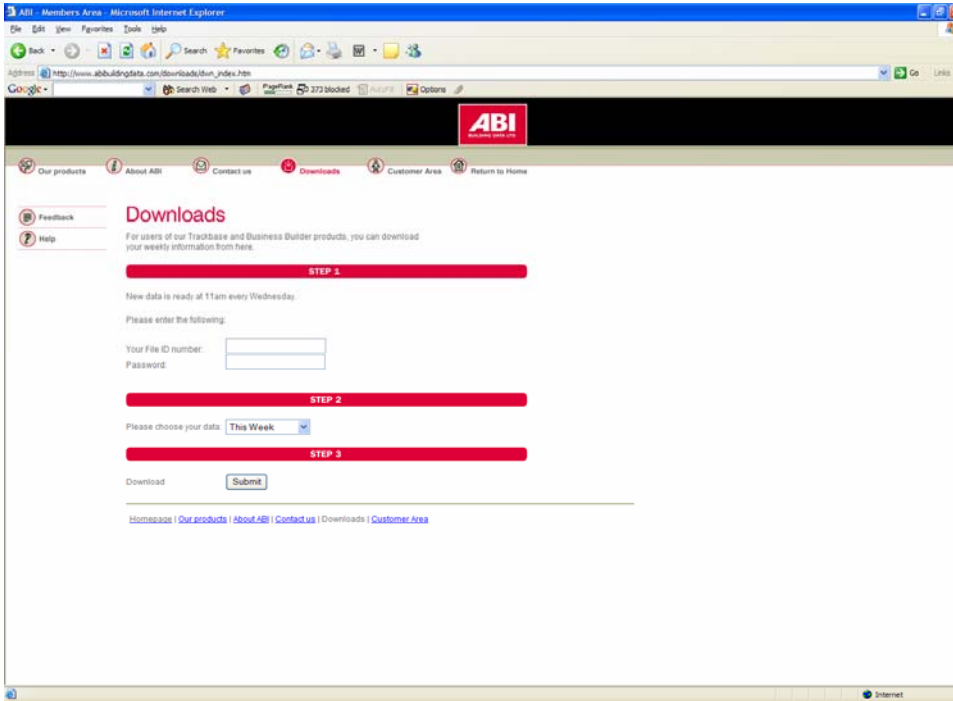


Downloading your Data from the Internet

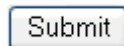
Connect to the Internet and go to www.abibuildingdata.com. On the ABI Home page click on the Downloads button.



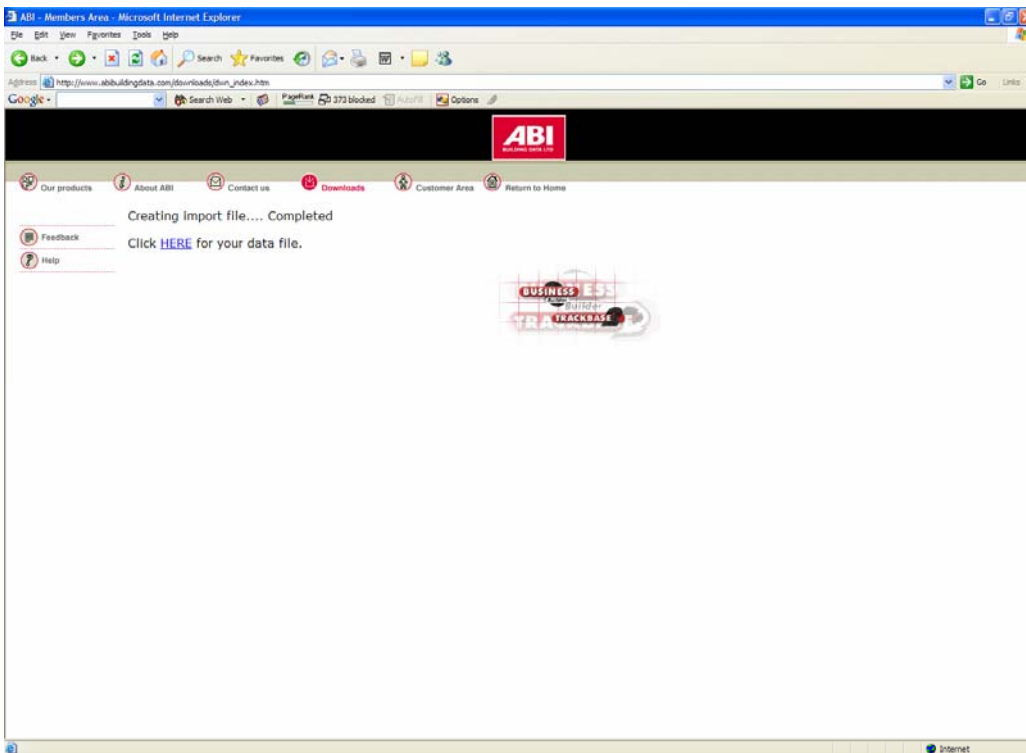
The Downloads screen will open as shown below:



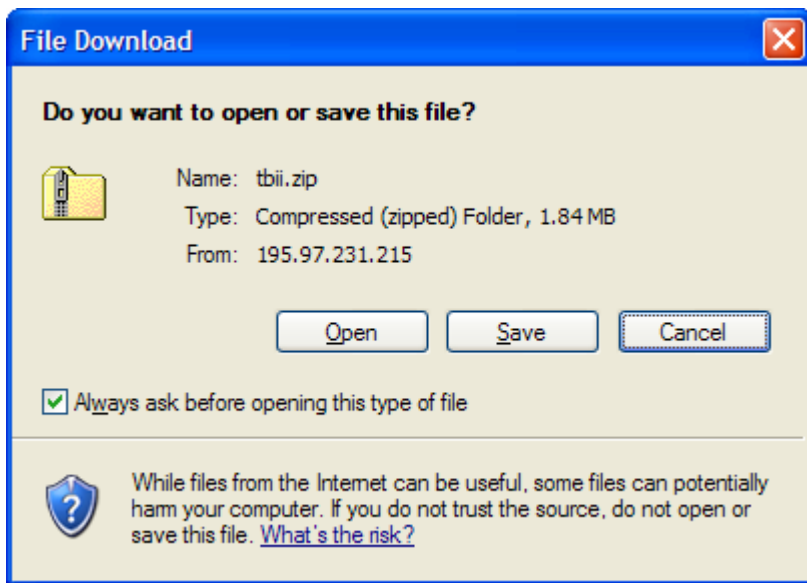
Enter your File ID number and Password and select which week's data you wish to download. To retrieve your data please click on the Submit button.



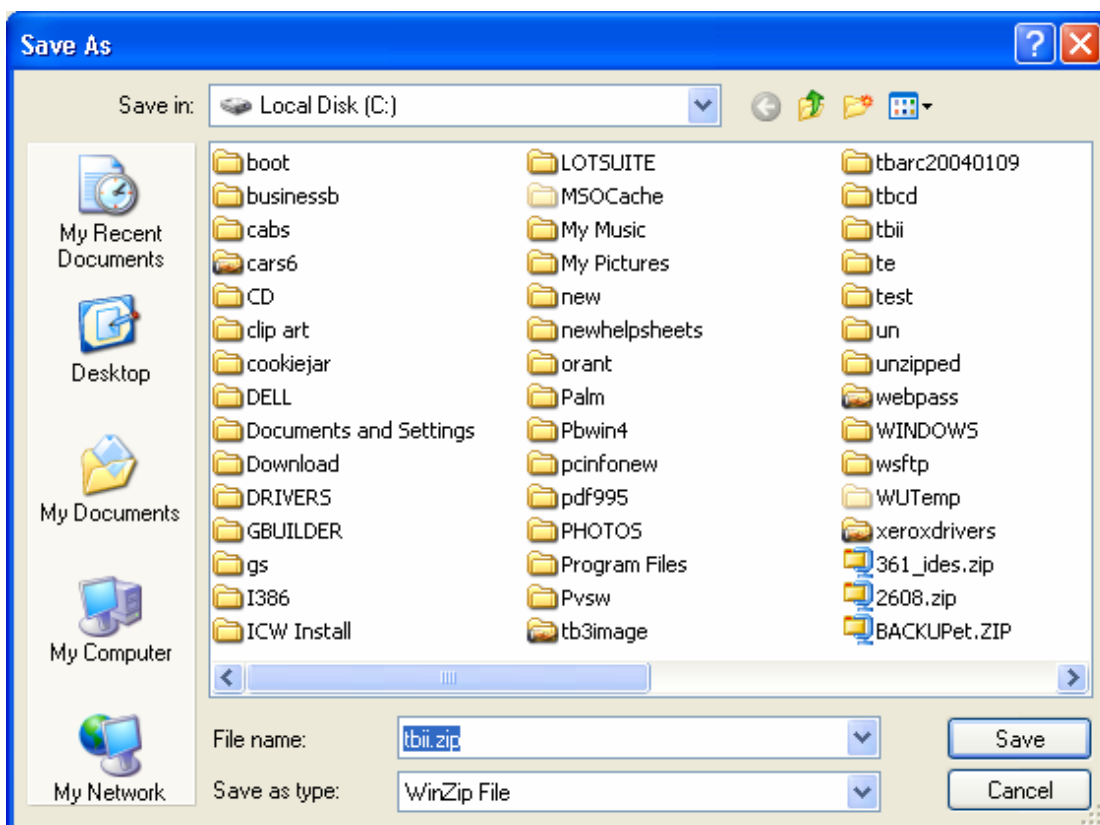
On the next screen that opens click on the text [HERE](#) to start the download of your data.



A message box will open asking you if you wish to open or save the file Tbi.zip. Click on the Save button.



A window then opens asking you where you wish to save the data file. Choose to save the file into your Local Disk C, not inside any folders. Do not change the name of the file. Click on the Save button to continue.



You will see the file download window, with a progress indicator bar, as shown below:

